PUBLIC HEALTH 3.0

KHA QUALITY CONFERENCE ANGELA T. DEARINGER, MD, MPH

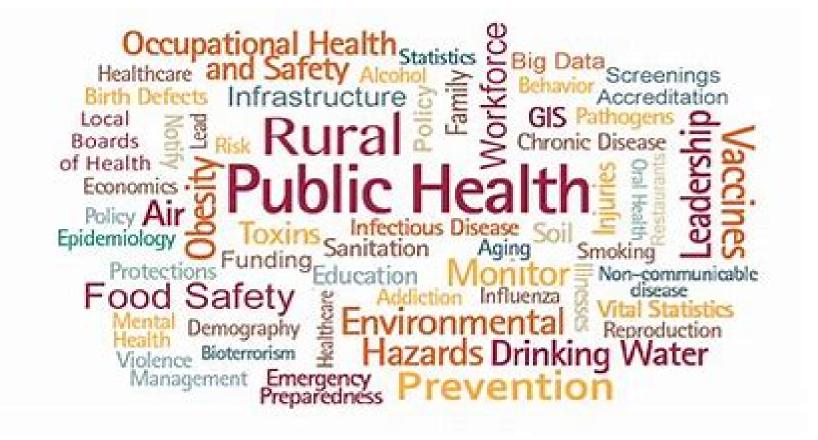


OBJECTIVES

- Describe Public Health 3.0
- Address challenges facing Public Health nationally and in Kentucky through a PH 3.0 lens
- Describe Public Health Transformation in Kentucky
- Discuss opportunities for community partnerships and collaboration

PUBLIC HEALTH

WHAT WE DO TOGETHER AS A SOCIETY TO ENSURE THE CONDITIONS IN WHICH EVERYONE CAN BE HEALTHY



PUBLIC HEALTH 3.0

A Call to Action to Create a 21st Century Public Health Infrastructure

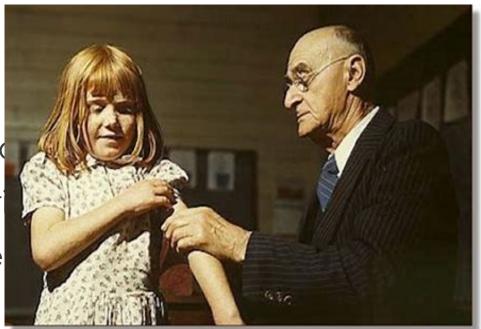


Office of the Assistant Secretary for Health U.S. Department of Health and Human Services



PUBLIC HEALTH 1.0 HYGIENE AND INFECTIONS DISEASE CONTROL

- Post industrial revolution
- Late 19th to 20th century
- Public Health- essential government function
- Sanitation, food & water safety, immunizat
- Scientific advances, understanding of dise
 - Prevention and treatment of acute illnesses
- Vaccines and antibiotics
- Expanded capability in epidemiology and laboratory science



PUBLIC HEALTH 2.0

- ASSURANCE Late 20th century- poor health behaviors & chronic dis
- 1988 Institute of Medicine Report- The Future of Public
- INBINGOTA "The Nation has lost sight of its public heath goals and nus unowed the system of public health activities to fall into disarray."¹
 - Described challenges of American Public Health system
- Mission of Public Health-<u>fulfilling society's interest in assuring conditions</u> in which people can be healthy

ASSESSA

Diagnos

Educate

& Investigate

Monitor

Health

tem Managem

Research

Develop

Policies

Evaluate

Assure Competent

Workforce

Enforce Laws

Link to / Provide

Care

- Defined core functions: Assessment, Assurance, Policy Development
- But...little emphasis on how public health leaders might work across sectors to address social, environmental or economic determinants of health²

PUBLIC HEALTH CHRONICALLY UNDERFUNDED

- 2002 IOM Report- The Future of the Public's Health in the 21st Century
- Called for strengthening governmental public health capabilities and requiring accountability from and among all sectors of public health system³
- No funding...
- Recession
- 2012 survey- local health departments with at least one critical program with significant budget cuts



WHERE ARE WE NOW? PROGRESS?

- Life expectancy 2020: 78.93 years⁴
- **1950 68.14**
- **1990:** 75.19
- Smoking prevalence 201813.7% (CDC)

- However...success falls short
- Have we ensured that everyone in America can achieve an optimal and equitable level of health?

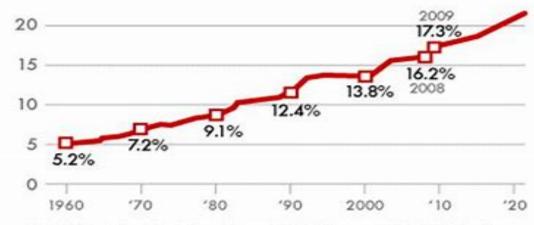
- **1965** 42.4%
- **1997** 24.7%
- People without insurance at historic lows



PROGRESS HAS ITS LIMITS...

- Poor health outcomes despite enormous health care spending
- Disparities persist across many health outcomes and conditions
- Life expectancy- can differ by as much as 20 years in neighborhoods just a few miles apart⁵
- Infant mortality rate for infants of black mothers > 2X that of infants of white mothers⁶
- Chronic diseases
- Exposure to environmental pollutants

Health Care Spending As A Percent of GDP



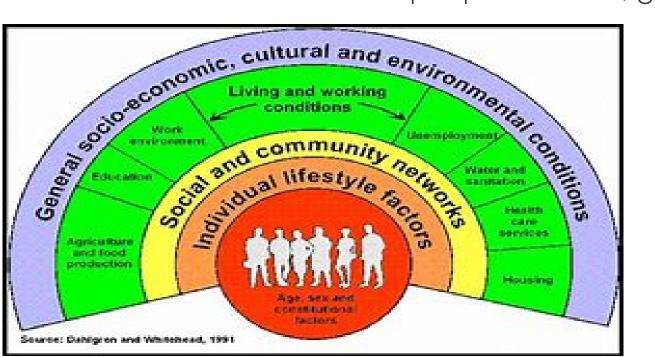
Health Care Financing Review, Centers for Medicare and Medicaid Services



PUBLIC HEALTH MUST ADDRESS FUNDAMENTAL CHALLENGES: SOCIAL DETERMINANTS OF HEALTH

disadvantaged populations.

- The social determinants of health are the conditions in which people are born, grow, live, work and age.⁷
- Education
- Safe environments
- Housing
- Transportation
- Economic development
- Access to healthy foods



 <u>These challenges are going to require community- based interventions beyond</u> <u>health care.</u>

PUBLIC HEALTH MUST ADDRESS CHALLENGES

- Public health agencies are increasingly working with others in the broader health system to address social determinants of health
- Public health significantly underfunded
 - 2008 Recession-large, sustained reduction in state/local PH funds
- Kentucky-local health departments affected by state pension crisis
- Changing population health threats (HIV/ AIDS, infectious disease outbreaks, opioid/ SUD)
- Changes resulting from ACA
- Public health must reinvent itself → PUBLIC HEALTH 3.(
 - In partnership with the community



PUBLIC HEALTH 3.0

- Office of the Assistant Secretary (OASH) 2016: New model of Public Health^{8,9}
- Characterize key components, identify actions needed to support transformation of Public Health
- Public Health 3.0 Regional Meetings- 5 communities aligned with PH 3.0 vision
 - Spokane, WA
 - Santa Rosa, CA
 - Kansas City
 - Nashville
 - Allegheny Co., PA
- Shared strategies/ exchanged ideas to move PH 3.0 forward
- Multiple partners: public health, non- profits, businesses, social services, medical community, academia, state/ local government agencies, transportation and environmental services

PH3.0 FIVE RECOMMENDATIONS

- 1. Public health leaders should embrace the role of Chief Health Strategist for their communities.
- 2. Public Health departments should engage with community stakeholders (public & private) to form structured, cross sector partnerships.
- 3. PH Accreditation Board criteria and processes for accreditation should be enhanced to foster PH 3.0 principles.
- 4. Timely, actionable data should be accessible for communities; clear metrics to document success should be developed.
- 5. Funding for public health should be enhanced and substantially modified.

COMMUNITY HEALTH STRATEGIST

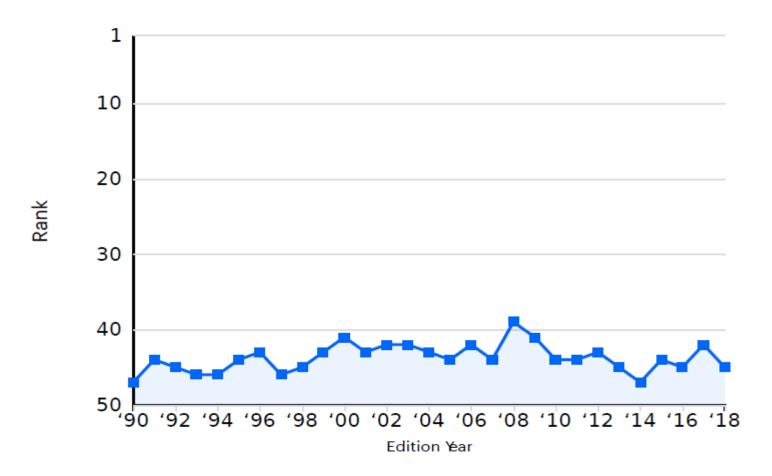
- PH 3.0: Public health leaders should embrace the role of Chief Health strategist for their communities. "... -working with all relevant partners so they can drive initiatives including those that explicitly address upstream social determinants of health."
- NACCHO- Community Health Strategist- ... "see themselves as part of the team leading a broader coalition of community partners from behind, rather than a single "chief" in front of a pack."¹⁰
- Interpreters of <u>data</u>
 Diagnosticians on a community scale
- Illuminators of health <u>inequities</u>
 Advocates for social justice
- Agents of policy change who broaden legislators understanding of health
- Conveners/ supporters of <u>community</u> organizations
- Identifiers of evidence-based strategies for <u>local priorities</u>

RECOMMENDATION 2: PUBLIC HEALTH DEPARTMENTS SHOULD ENGAGE WITH COMMUNITY STAKEHOLDERS (PUBLIC & PRIVATE) TO FORM STRUCTURED, CROSS SECTOR PARTNERSHIPS

level

- Leading health improvement strategy for a community requires a shift from organizational thinking to community focused thinking
- No room for silos!
- Multiple sectors- Public and Private
 - Non-traditional partners- Behavioral health, business owners/ developers, elected officials, faith-based, housing, media/ marketing professionals, public safety/law enforcement, school systems, substance disorder treatment programs, transportation
 - "The person/ group you never thought to ask."
- Neutral back- bone entity
- Building relationships takes time
- Need opportunities for developing skills in cultivating partnership, collaboration & leadership
- Collective impact- PH and other sectors can exchange skills/ cross- pollinate professional development activities





https://www.americashealthrankings.org/learn/reports/2018-annualreport/state-summaries-kentucky

WHAT ABOUT PROGRESS? KENTUCKY'S HEALTH STATUS



2016-2018 KY BRFSS Data

- Adult smoking prevalence- 24%
- Adult obesity prevalence- 35%
- Lack of physical activity- 32%
- Hypertension prevalence 39%

KY Leading Causes of Death, 2017 CDC

- Cancer-1st
- Lower respiratory disease- 1st
- Diabetes- 5th
- Kidney disease- 5th
- Heart disease- 9th

PUBLIC HEALTH IN KENTUCKY NEEDS TRANSFORMATION

- KY pension crisis threatens solvency of up to half of the state's local health departments
- Current programmatic services are not reflective of community health needs
 - Federal grant cycles and priorities
 - Local health departments must use local \$\$ to match or supplement federal funds
 - May lead to duplication of effort/ waste of resources
 - Mismatch with community public health needs/ priorities
- KY PH system adjustment to how Medicaid expansion and ACA changed the role of Public Health
 - More Kentuckians with insurance

KENTUCKY PUBLIC HEALTH TRANSFORMATION

- PHT: <u>Modernize</u>, <u>Simplify</u> and <u>Prioritize</u> Kentucky's PH system using PH 3.0 principles
 - Work of local health department directors, KY Health Dept. Association, KY Dept. for Public Health
 - Former Health Commissioner, Dr. Jeff Howard
- Relieve the fiscal instability of the current system
- Introduce a simplified and focused PH model with clearly defined priorities
- Create accountability at all levels of the system
- Prevent duplication of effort and reduce waste
- Support and emphasize data- driven decisions to best promote community health outcomes

CORE PUBLIC HEALTH

FOUNDATIONAL PUBLIC HEALTH

Five focus areas with statutory and regulatory defined services:

- 1. Population Health
- 2. Enforcement of Regulation
- 3. Emergency Preparedness & Response
- 4. Communicable disease control
- 5. Administrative and organizational infrastructure

Community Health Assessment

HARM REDUCTION & SUD

WIC

HANDS

Local Public Health Priorities

LOCAL PRIORITIES-LOCAL COMMUNITY

- Community Health Assessment- identify local pr
- Environmental scan- Is need being met?
- If yes, support and complement
- Engage community stakeholders!
- Practical application of PH 3.0

Local Public Health Priorities

COMMUNITY HEALTH ASSESSMENTS

- Under ACA, non- profit hospitals must perform community health needs assessment and develop an implementation strategy
- "...persons who represent the broad interests of the community served by the hospital facility, including those with special knowledge of or expertise in public health."
- Perfect opportunity to collaborate and make use of each entity's assets, capabilities and capacities

We're busy

- A community wide comprehensive needs assessment would be
- Cooperation → Collaboration → Exchanging information, alterir sharing resources and enhancing the capacity of another for n and to achieve a <u>common purpose</u>
- Local health department- a neutral convener when there is monthan one hospital in a community

HOSPITAL COMMUNITY BENEFIT

provide charitable community

benefits in exchange for their tax exemptions. Non- profit hospitals are required to engage in activities that benefit community health.

- Hospital Community Benefit refers to the initiatives, activities, and investments undertaken by tax-exempt hospitals to improve health in the communities they serve.
- Majority spent on "charity care"- direct clinical care
- Hospital-local public health collaboration (based on community needs)
- Partner with LHDs to test for HIV and Hepatitis C in high risk patients in the ED
- LHDs poised to connect new HIV cases to care, do contact investigations, and link to other services

HARM REDUCTION

- KY has 70 syringe service programs
- Hospitals can refer their patients to the local health department for harm reduction services
 - Overdose prevention education
 - Link to Substance Use Disorder treatment
 - Refer for treatment of HIV, Hepatitis C
 - Refer for other medical, social, mental health services
- Hard to reach population- opportunity to serve their medical and prevention needs

OUTBREAKS AND DISASTERS

- Infectious disease outbreaks- COVID-19, Influenza, Measles, HIV
- COVID-19: has your hospital connected with the local health department?
- PPE, lab resources, reporting, workforce....
- Emergency preparedness activities

PURCHASE AREA HEALTH CONNECTIONS

- Purchase Area Health Connections: A network of partners dedicated to improving the health and well-being of individuals in the Purchase Area
- Ballard, Calloway, Carlisle, Fulton, Graves, Hickman, Marshall, McCracken counties
- County coalitions (Get Fit Graves, Healthy Paducah, Marshall County Health Coalition)
- Partners: local health departments, local hospitals, local school systems, head start, local/state colleges, local law enforcement, parks, chamber of commerce, United Way, Medicaid, corrections, KY courts, and more...
- Purchase Area District Health Department- Neutral convener, source of epidemiologic data, skills in organization and facilitation
- Healthy Park, Substance Use Disorder, Community Health W
- Addressing needs of their communities

KENTUCKY PERINATAL QUALITY COLLABORATIVE

 The Kentucky Perinatal Quality Collaborative (KyPQC) is a statewide network working to improve the quality of care during pregnancy, delivery and throughout the first year of life.



Public Health 3.0

A Call to Action for Public Health to Meet the Challenges of the 21st Century

OFFICE



To solve the fundamental challenges of population health, we must address the full range of factors that influence a person's overall health and well-being. Education, safe environments, housing, transportation, economic development, access to healthy foods--these are all the major social determinants of health, comprising the conditions in which people are born, live, work, and age.

-DeSalvo et al., 2017

nam.edu/Perspectives



CITATIONS

- Institute of Medicine. 1988. The Future of Public Health. Washington, DC: The National Academies Press. <u>https://doi.org/10.17226/1091</u>.
- 2. DeSalvo et al. Public Health 3.0 Time for an Upgrade. AJPH April 2016, 106(4).
- 3. Institute of Medicine. 2002. The Future of the Public's Health in the 21st Century. <u>http://www.nationalacademies.org/hmd/Reports/2002/The-Future-of-the-Publics-Health-in-the-21st-Century.aspx</u>. Retrieved 2020-01-30.
- 4. Life Expectance By Country. https://www.macrotrends.net/countries/USA/united-states/life-expectancy'>U.S. Life Expectancy 1950-2020. www.macrotrends.net. Retrieved 2020-01-30.
- 5. Chapman, DA, Kelley L, Woolf SH. Life expectancy maps 2015-2016 VCU Center on Society and Health. <u>http://www.societyhealth.vcu.edu/maps</u>
- 6. Schoendorf, et al. Mortality of Black Infants as Compared to White College- Educated Parents. N Engl J Med 1992; 326:1522-1526.DOI: 10.1056/NEJM199206043262303
- 7. Social Determinants of Health. https://www.healthypeople.gov/2020/topics-objectives/topic/social-determinants-of-health
- 8. Public Health 3.0 A Call to Action to Create a 21st Century Public Health Infrastructure. <u>https://www.healthypeople.gov/sites/default/files/Public-Health-3.0-White-Paper.pdf. Retrieved 2020-01-30</u>.
- 9. DeSalvo KB, Wang YC, Harris A, Auerbach J, Koo D, O'Carroll P. Public Health 3.0: A Call to Action for Public Health to Meet the Challenges of the 21st Century. Prev Chronic Dis 2017;14:170017. DOI: <u>http://dx.doi.org/10.5888/pcd14.1700</u>
- 10 NACCHO: PH 3.0 Issue Brief. <u>https://www.naccho.org/uploads/downloadable-resources/NACCHO-PH-3.0-Issue-Brief-2016.pdf</u>. Retrieved 2020-01-30